

BOBCAT BREAD (Breathitt Co. HS)

¾ cup honey

¼ cup sorghum

1 cup apple sauce

½ cup milk

3 eggs

1 Tbs. vanilla extract

2 cups any fruit

in season

3 cups whole wheat

flour

3 tsp. cinnamon

1 tsp. baking soda

1 tsp. salt

Preheat oven to 350° F. Combine all liquid ingredients into a bowl. Combine all dry ingredients into a separate bowl. Combine dry into wet ingredients. Whisk or beat with a mixer until blended. Pour into loaf pans. Bake for 45 minutes to one hour (check for doneness with toothpick).