

## **GENERALS' SALAD TOPPED WITH SAUTÉED CHICKEN & VEGETABLES** *(Thomas Nelson HS)*

*1 carrot*

*½ onion*

*½ zucchini*

*½ yellow squash*

*1 head lettuce*

*2 tomatoes*

*1 cucumber*

*½ green pepper*

*½ yellow pepper*

*1 pack of strawberries*

*4 whole radishes*

*¼ cup shredded cheese*

*1 cup chicken*

*Dressing of choice*

Chop all ingredients. Sauté chicken, then add zucchini and squash. Place on top of salad greens and add favorite dressing and cheese.