

# Kentucky Dept. of Education

Jr. Chef 2017

**001402 - BBQ Chicken Flatbread**

Source: Jr. Chef 2017  
 Number of Portions: 48  
 Size of Portion: flatbread

Alternate Menu Name: St. Henry District HS

**Recipe HACCP Process: #2 Same Day Service**

Meat/Alt: 2 oz  
 Grains: 2 oz  
 Fruit: 0.125 Cup  
 Vegetable: 0.25 Cup  
 Milk: 0 Cup

007976 Chicken Sausage.....	6 LB	Preheat oven to 350 degrees. Cook chicken sausage thoroughly. Slice into thin pieces. Heat in saucepan chicken sausage, 40 oz BBQ sauce, honey, and cilantro.  Spread equally among 48 servings of flatbread. Top each flatbread with cheese mixture (1 oz each). Top each flatbread with red onion and banana peppers. Top with small diced pieces of the granny smith apples. Bake 5-7 minutes or until cheese melts.  Drizzle remaining BBQ sauce on flatbread. Top with finely sliced pieces of granny smith apples.  CCP: Hold at 135 degrees or higher for service.
904001 Uncle Otis' Barbeque Sauce, divided.....	56 OZ	
019296 HONEY.....	8 TBSP	
799968 CILANTRO.....	2 2/3 Bunches, chopped	
904000 Richs Whole Grain Flatbread.....	48 each	
904002 Cheddar Mozzarella Blend.....	48 OZ	
901062 ONIONS,RED,RAW.....	6 CUP, sliced	
903691 Banana Peppers, drained.....	48 OZ	
799963 APPLES, FRESH, GRANNY SMITH, WITH SKIN...	8 medium (3" dia)	

\*Nutrients are based upon 1 Portion Size (flatbread)

Calories	725	kcal	Cholesterol	*20.41*	mg	Sugars	*3.36*	g	Calcium	*6.04*	mg	19.26%	Calories from Total Fat
Total Fat	15.52	g	Sodium	3056.48	mg	Protein	28.15	g	Iron	*0.81*	mg	4.37%	Calories from Sat Fat
Saturated Fat	3.52	g	Carbohydrate	120.94	g	Vitamin A	*16.62*	IU	Water <sup>1</sup>	*45.17*	g	*0.01%*	Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.01*	g	Dietary Fiber	*0.99*	g	Vitamin C	*2.48*	mg	Ash <sup>1</sup>	*2.24*	g	66.70%	Calories from Carbohydrates
												15.53%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.