

Chefs In Schools



KENTUCKY
DEPARTMENT OF
AGRICULTURE



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Objectives:

- Learn what Chefs in Schools offers
- Meet our Chefs
- See how we can help create an environment to promote F2S in your individual setting
- Discuss how menu development can promote more efficient Farm to School usage



Chefs in Schools

Rebecca Shepherd-Smith

- Culinary Arts Degree
- Baking & Pastry Arts Degree
- Registered Dietitian
- Experience
 - University, Hospital, Assisted Living, Restaurant, Catering, Mom
 - Kentucky Department of Education

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Chefs in Schools

Shannon Stevens

- Education
 - Culinary Arts Degree
 - Baking and Pastry Degree
- Experience
 - Food Service: Hospitals, Long-Term Care, Higher Education, Restaurants and Catering
 - Culinary Arts Teacher for High School Students

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What is Chef in Schools?

CIS is a program focused on incorporating fresh local foods into your schools through recipe and menu development, staff trainings, taste-testing and education.



How does CIS's work?

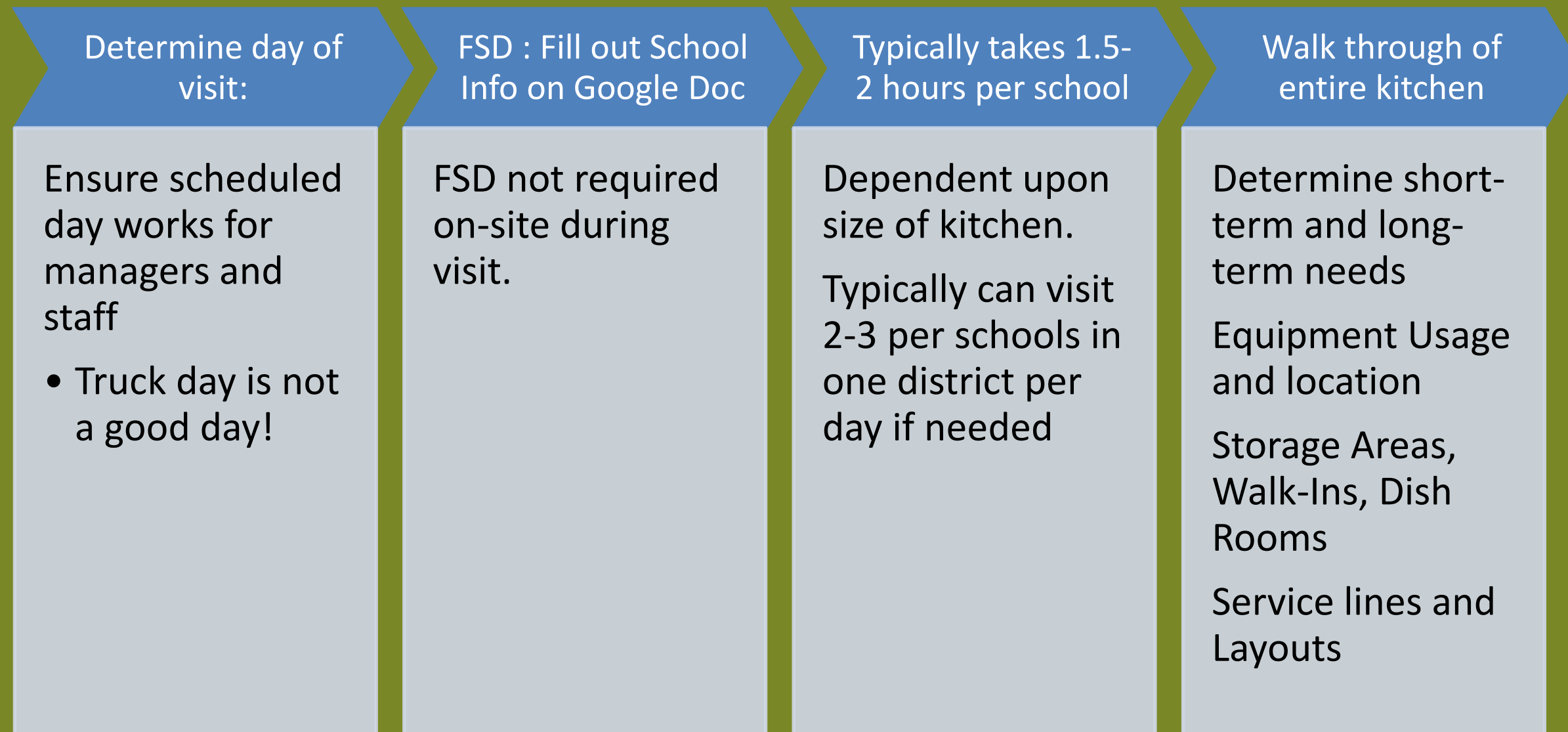


Step
One:

Just ask!

- Website,
Email,
QR Code

Step Two: Schedule Initial Visit



*Chefs
In
Schools*

Initial Visit Notes:



Google Doc



Each School has their own page in the CIS Google Doc



Includes findings, notes, follow-up dates, trainings, etc



Chefs In Schools Trainings



In conjuncture with School visits or separate



Individual Trainings per School



Group Trainings

District/Regional

- Back to School
- Monthly Managers Meetings



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Chefs in Schools

Recipe and Menu Development



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Menu Development

Incorporate FTS Items
Cherry Tomatoes

Utilize Inventory more efficiently

Every item in your inventory
should be used multiple times
Onion & Pepper Blend



New Ideas!

Breakfast Menu



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New Ideas!
Lunch Menu



Chefs in Schools

Taste Testing

New Menu Items



Testimonial

“...focused her demonstration on semi-scratch savory breakfast foods. The ideas she presented during her food demonstration were interactive, realistic, but inventive, and left our staff feeling capable of doing more. The ladies have already requested that she come back again to present for the rest of our Cafe crews! ” Andrea Mattingly-Nelson County

Questions?



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The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (833) 256-1665 or (202) 690-7442; or

(3) email: program.intake@usda.gov.

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