

# It's Kentucky Crunch Time!

Join KDE & KDA in celebrating **National Farm to School Month** this October by participating in the **Kentucky Crunch** all month long!

---



This institution is an equal opportunity provider.

# Celebrate National Farm to School Month!

The Kentucky Department of Education's Division of School and Community Nutrition and the Kentucky Department of Agriculture partner together in October to celebrate National Farm to School Month. This is done by sponsoring the "Kentucky Crunch," where we



encourage students, faculty/staff, families, local producers and community members to procure local varieties of their favorite fruits and vegetables throughout the month to support not just the community's health, but to financially support their local producers.

Local produce always has a place in the school meals programs, whether it is a fresh apple at breakfast or cooked vegetables at lunch. According to the 2019 Farm to School Census, over 67% of Kentucky's School Food Authorities (SFA) already procure local foods that are served directly to students through the Child Nutrition Programs (CNP) across the Commonwealth. Support also is seen through the implementation of food, nutrition and agricultural education and the maintenance of school gardens. The integration of these two integral programs show students the importance of knowing where their foods come from and how they can begin to support their local communities.

SCN and KDA have created the "Kentucky Crunch Time Toolkit" that emphasizes this importance of integrating local foods into the CNPs. SFAs that participate are encouraged to utilize the custom stickers that can be printed and worn or placed on student meals. The toolkit also provides customizable posters to print and manually fill in what local item(s) are being served and what producer they were procured from. To help increase participation across the state, all participants can share the infographic and social media graphics.



Celebrate National Farm to School Month and show us how you "crunch" using our hashtags on social media:

**#KYCRUNCHTIME**

**#KYFARMTOSCHOOL**

# What is the Kentucky Crunch?



Throughout the month of October, we are encouraging Child Nutrition Program staff members to procure local varieties of fresh produce, exhibiting the strength and positive impacts of Kentucky's Farm to School program initiatives on our students. Integrating fruits and vegetables into the school meals programs provides opportunities for nutrition education in the cafeteria by showing the importance of:

1

**Knowing where their  
food comes from**

2

**Supporting their  
local communities**



# It's Kentucky Crunch Time!



Join KDE & KDA in celebrating **National Farm to School Month** this October by participating in the **Kentucky Crunch** all month long!

We invite any and all sponsors of the Child Nutrition Programs to join the Kentucky Crunch! Students and their families are also encouraged to participate at home if "Crunching" in a virtual setting.



All October, we encourage Child Nutrition Program staff members to procure local varieties of fresh produce, exhibiting the strength and positive impacts of Kentucky's Farm to School program initiatives on our students. Integrating fresh fruits and vegetables into the school meals programs also provides opportunities for nutrition education in the cafeteria by showing the importance of knowing where their food comes from and supporting their local communities.

**Need Help Finding a Farmer?**

**Tina Garland**

Tina.Garland@ky.gov

KY Department of Agriculture

**Other Questions?**

**Contact SCN**

kyschoolnutrition@education.ky.gov

KY Department of Education

Each time you **Crunch** into your favorite local variety fruit or vegetable, use these hashtags so we can share!

**#KYCrunchTime**

**#KYfarmtoschool**





Show us how you **Crunch** on your favorite local variety of produce



**#KYCrunchTime**  
**#KYfarmtoschool**

This institution is an equal opportunity provider.



It's Kentucky  
Crunch Time!

---

Show us how you **Crunch** on your  
favorite local variety of produce



**#KYCrunchTime**  
**#KYfarmtoschool**

This institution is an equal opportunity provider.

# Take Me. I'm Local!

**LOCAL  
ITEM(S)**

**FARM OR  
PRODUCER**



Take Me.  
I'm Local!



**LOCAL  
ITEM(S)**

**FARM OR  
PRODUCER**



This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool

This institution is an equal opportunity provider.



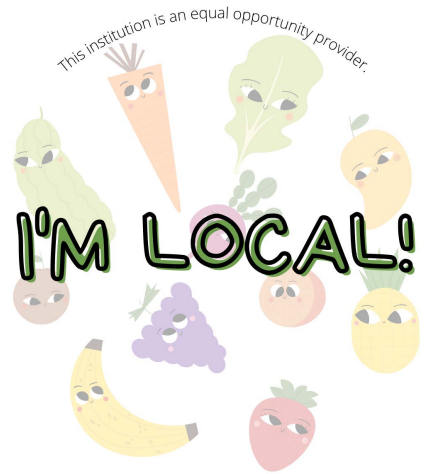
# It's Kentucky Crunch Time!

---

Show us how you **Crunch** on your favorite local variety of produce



#KYCrunchTime  
#KYfarmtoschool





# Farm to School Month Contacts

**Tina Garland**

Tina.Garland@ky.gov

**SCN**

kyschoolnutrition@education.ky.gov

**Sarah Asselin**

Sarah.Asselin@education.ky.gov

**Lynsey Crumbie**

Lynsey.Crumbie@education.ky.gov

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

**Mail:**

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410

**Fax:** (202) 690-7442

**Email:** [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.