

CHICKEN APPLE SALAD (Madison Co. HS)

*1 ½ cups of romaine lettuce,
chopped*

*½ Granny Smith apple, sliced
(wash, core, slice, and dip in
lemon to prevent browning)*

3 oz. chicken breast, cooked, sliced

1/8 cup dried cranberries

1 oz. red onion, thinly sliced

1 oz. blue cheese, crumbled

2 oz. pomegranate dressing

1 croissant

1 Tbs. honey

Place 1 ½ cups of chopped romaine in a bowl. Arrange 3 oz. of sliced chicken on top. Add Granny Smith apples, red onion, dried cranberries, and blue cheese crumbles. Drizzle the dressing on to and serve with warmed croissant drizzled in honey