

Recipe: 000380 White Chicken Chili

Recipe Source: Jr Chef
 Recipe Group: ENTREES

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name: King's Kids Home School
 Butler County
 Number of Portions: 48
 Size of Portion: Servings

903183 Chicken, Diced USDA..... 011294 Onions, chopped..... 011333 Peppers, green sweet chopped..... 011821 Peppers, red sweet chopped..... 011951 Peppers, orange sweet chopped..... 799939 GARLIC,RAW..... 001178 SOUR CREAM,REDUCED FAT..... 000084 CHICKEN STOCK..... 020027 CORNSTARCH..... 903229 Parsley..... 799968 CILANTRO..... 900814 HONEY,RAW..... 009037 AVOCADOS,RAW,ALL COMM VAR..... 051556 Cheese, Cheddar, Yellow, Reduced Fat, Shredde.....	8 CUP 10 CUP 6 CUP, chopped 6 CUP, chopped 6 CUP 8 TBSP, MINCED 64 OZ 64 OZ 3/4 CUP 2 TSP 2 TSP, MINCED 4 TSP 8 avocado 6 CUP	Wash and chop vegetables and mince garlic. Slice avocado, set aside.
007063 PORK SAUSAGE,FRSH,RAW..... 902942 Margarine.....	8 CUP 1 CUP	Cook sausage in pot then set aside in a bowl. In the same pot, melt 1 cup margarine over medium heat. Add chicken in a single layer and saute with minced garlic for 3 minutes. Add green peppers, red peppers, yellow or orange peppers and onion in pan with chicken and garlic. Saute 3 more minutes. Add cooked sausage back to pot and stir.
002009 CHILI POWDER..... 900683 CUMIN,GROUND..... 903200 Pepper, Red..... 002026 ONION POWDER..... 002047 SALT, TABLE..... 002030 PEPPER,BLACK.....	1/2 CUP 1/2 CUP 2 TSP 4 TSP 6 TSP 2 TSP, ground	Combine chili powder, ground cumin, red pepper, onion powder, salt and ground pepper in a small bowl and set aside.
799959 BEANS, CANNED, GREAT NORTHERN, LOW-SODIUM... 903232 Beans, butter.....	120 OZ 120 OZ	In a large measuring cup mix chicken stock with cornstarch and pour into cooking pot. Add dry mix to cooking pot and continue stirring. Add cans of beans without draining. Add sour cream until dissolved. Add honey, letting it melt from measuring spoon into chili. Add fresh cilantro and parsley. Simmer for 7 minutes, stirring every couple of minutes. Serve topped with sliced avocado, shredded cheese or sour cream with corn chips on side. CCP: Hold at 135 degrees.

*Nutrients are based upon 1 Portion Size (Servings)

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Calories	459 kcal	Cholesterol	*35.08* mg	Sugars	*4.97* g	Calcium	*130.85* mg	45.35%	Calories from Total Fat
Total Fat	23.14 g	Sodium	949.69 mg	Protein	23.00 g	Iron	*2.74* mg	*16.82%*	Calories from Saturated Fat
Saturated Fat	*8.59* g	Carbohydrates	42.75 g	Vitamin A	*1339.75* IU	Water ¹	*175.22* g	*0.03%*	Calories from Trans Fat
Trans Fat ²	*0.02* g	Dietary Fiber	*7.85* g	Vitamin C	*89.60* mg	Ash ¹	*2.79* g	37.22%	Calories from Carbohydrates
								20.03%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Miscellaneous		Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	2.000 oz				? - Allergen 1
Grain.....	oz				? - Allergen 2
Fruit.....	cup				? - Allergen 3
Vegetable.....	0.750 cup				? - Allergen 4
Milk.....	cup				? - Allergen 5
Moisture & Fat Change					? - Allergen 6
Moisture Change.	0%				? - Allergen 7
Fat Change.....	0%				? - Allergen 8
Type of Fat.....					

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	903183	Chicken, Diced USDA			
I	007063	PORK SAUSAGE,FRSH,RAW			
I	011294	Onions, chopped			
I	011333	Peppers, green sweet chopped			
I	011821	Peppers, red sweet chopped			
I	011951	Peppers, orange sweet chopped			
I	799939	GARLIC,RAW			
I	902942	Margarine			
I	001178	SOUR CREAM,REDUCED FAT			
I	000084	CHICKEN STOCK			
I	020027	CORNSTARCH			
I	002009	CHILI POWDER			
I	900683	CUMIN,GROUND			
I	903200	Pepper, Red			
I	002026	ONION POWDER			
I	002047	SALT, TABLE			
I	002030	PEPPER,BLACK			
I	903229	Parsley			
I	799968	CILANTRO			
I	900814	HONEY,RAW			
I	009037	AVOCADOS,RAW,ALL COMM VAR			

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I	051556	Cheese, Cheddar, Yellow, Reduced Fat, Shredde			
I	799959	BEANS, CANNED, GREAT NORTHERN, LOW-S			
I	903232	Beans, butter			

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